

# Directions for Lesson Plan Facilitators

## Lesson Plan: Patterns for Personal Growth

(Please feel free to adapt this for your own workshop or study group.)

### Developed by

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**Background:** The concept and first presentation of this workshop were developed in the early 1990s. The presentation was revised and the handout materials updated for its presentation in 2012 at the Summer Study Session of *The Urantia Book* Fellowship's Education Committee. This Lesson Plan and handout has been adapted by the Education Committee of *The Urantia Book* Fellowship for any group of readers of *The Urantia Book* who would like to use it. It is designed to apply some educational concepts and approaches in its study of developmental growth as depicted in the mortal ascendant plan in the book. Any group should feel free to adapt the materials as they see fit.

### Audience

Readily accessible for fairly advanced readers and above; can be adapted for newer readers.

This presentation should be useable for any level reader of *The Urantia Book* if the principles of individual, planetary, and universe evolution are made clear.

### Objectives

To learn more about the mortal ascendancy plan, about evolution and development, and developmental psychological theory.

1. To investigate in depth the mortal ascendancy plan, as described in *The Urantia Book*.
2. To understand the application of the principle of and reliance on evolution and development to achieve the objectives of the universe age of the Supreme: of time and space.
3. To compare the many developmental taxonomies and hierarchies presented in *The Urantia Book* and modern psychological theory in order to better understand the concepts presented in the book.
4. To apply these concepts of growth and development to our daily lives and decisions.

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### Preparation

This workshop can be given in a 2 hour block of time; however, it will need to be adapted. It is recommended that at least 3 to 4 hours are devoted in order to have in-depth discussions based on the big questions. A 3 or 4 hour workshop can be presented over two sessions. Presenters should familiarize themselves with the workshop handout, especially the hierarchies of progress as described in *The Urantia Book*.

### Materials

Workshop Outline (1 page) and "Patterns for Personal Growth" handout (16 pages) to be photocopied for each participant.

### Facilitator Notes

Begin each session with an opening prayer or time of worship. Introduce the workshop by reviewing the Workshop Outline for Participants. Remember to adapt the outline based on the amount of time for the workshop and number of participants. Note the resources in the highlighted box on the Participant Outline. You and/or your participants may want to read the resources prior to the workshop. Review the "Patterns for Personal Growth" handout," noting its features, especially the 4 "Essential Questions" that appear on both the first page and the last page.

